

NEXUS: WESTERN SCIENCE – ENERGY MEDICINE – INDIGENOUS KNOWLEDGE - presentation at national conference & professional outreach

Institute for Integrative Science & Health: www.integrativescience.ca

• October 2011

The Canadian Association for Integrative and Energy Therapies (CAIET) held its 13th Annual Energy Psychology Conference during 19-24 October 2011 in Toronto. Information can be accessed at: <http://www.epccanada.ca/>



Canada Research Chair in Integrative Science Dr. Cheryl Bartlett and Energy Medicine Practitioner / Integrative Science Research Associate Prune Harris delivered a presentation that explored the nexus of modern Western Science, Energy Medicine (as per the Donna Eden school of energy medicine), and Indigenous Knowledge (as per the Mi'kmaw understandings that Mi'kmaw Elders Murdena and Albert Marshall of Eskasoni First Nation share widely).

Their presentation (which was accorded 'continuing education' credits, i.e. CE credits) was entitled "Circles of Consciousness: expansions from the heart" and consisted of seven components:

1. Working Together: who + integrative understandings
2. Concepts of Health:
mainstream ↔ indigenous / holistic ↔ energy medicine
3. Circles of Consciousness ... expanding the heart
4. Heart Consciousness ... in different worldviews
5. Circle Teachings of the Heart
6. Heart Energy ... exercises to nourish and expand
7. Questions



A PDF version of Prune and Cheryl's presentation is available at: <http://www.integrativescience.ca/uploads/articles/2011October-Bartlett-Harris-Integrative-Science-energy-medicine-Two-Eyed-Seeing-aboriginal.pdf>. The next two pages feature a few slides from their 2 hour presentation.

CONCEPTS OF HEALTH

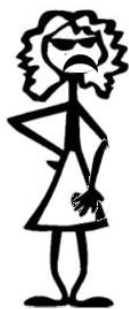
• different worldviews •



• worldview of mainstream science •

nothing akin to
heart consciousness

no first person perspective
in mainstream science



- planet Earth
 - ecosystems
 - communities
 - populations
- organisms
 - organ systems
 - organs
 - tissues
 - cells
 - organelles
- rocks
 - minerals
- molecules
 - atoms (elements)
 - baryons (neutrons and protons)
 - fundamental particles (quarks and leptons)





heart rhythm
coherence

• Institute of HeartMath •

LOVE

Love is the
main ingredient
of wellness.



*Mi'kmaq Elder
Murdena Marshall*



IT'S ABOUT LOVE - A National Journey for Healing, Families and Reconciliation

IT'S ABOUT LOVE

The voice of wellness is in the land.

Mi'kmaq Elder Albert Marshall



Truth and
Reconciliation
Commission of Canada



The heart is awesomely
intelligent, having every
single receptor that the
brain has.

It thinks.
It remembers.
It feels, knows and loves.
It is hard-wired for bliss.

Donna Eden

